
 DECEMBER : SAND COAST 		
Markets	Daily markets : Tuesday morning : Saint-Pol-de-Léon Tuesday from 5pm to 7pm : Tréflez Tuesday from 4pm to 7pm : Lampaul-Guimiliau Wednesday morning : Roscoff, Landivisiau, Sizun Friday morning : Cléder Saturday morning : Plouescat	
"Partouche" Casino 100, rue de Brest PLOUESCAT Location on the map : D3 +33 2 98 69 63 41	From 10 am to 3 am : on Monday, Tuesday, Wednesday, Thursday and Sunday. From 10 am to 4 am : on Friday and Saturday French Holy Days : from 10 am to 3 am	(Identity card compulsory). Prohibited to minors.
Kermenguy's Castle CLÉDER Location on the map : B7	This lovely Renaissance-style manor, renovated during the 19th century, replaced the ancient Kermenguy medieval castle. 19th-century tables, kennel and barns. Private property. Manor only visible from the n°23 communal road.	Tarifs de la chasse au dragon : 4 €/personne (gratuit pour les moins de 4 ans) 1 livret jeu offert Livret supplémentaire : 0,50 €
"Le Dauphin" Cinema 10, rue Maréchal Foch PLOUESCAT Location on the map : D4 +33 2 98 69 66 82	1 Cinema room. "Art et Essai" programmed-style cinema. Monthly schedule on: www.cinemaledauphin.f	Full price: 6 € - 12 y.o.: 4.50 € Everyday session in summer
Cycling and walkings paths	Cycling and walking paths - Topoguides : - 15 walking paths on the GR 34, the GR380 and the "veloroute" cycling path - Walking in Haut-Léon territory, 10-technical sheets topo-guide Bicycle tour available on-demand at Plouescat Tourist Office.	Topoguide on sale for 1€ and 5€.
The Equine Estate of Agora 375 Lieu-dit Gostang PLOUESCAT Location on the map : E4 +33 7 85 59 92 45	The Equine Estate of Agora is a stable owner offering the services of boarding, breeding Pottok, teaching. Accompanied pony or horse rides in small groups (from 3 years old) are also open to the general public, pony trainings provided (from 3 to 15 y.o.) Horse rides possible in forest. Rides and pony trainings available from the 7th July from Monday to Friday.	Pony rides: 25€ an hour (+30 mn of preparation) Pony training session: 35€ for 2 hours (1h30 of preparation with the pony and a 1-hour ride) Reservations: + 33 6 83 51 69 38
Sand Coast Golf course 3 Coatalec PLOUESCAT Location on the map : C5 +33 6 16 74 52 46	Approved 9-hole golf course. Discover or perfect your game all year round with a PGA pro. Discovery and improvement course during the holidays.	Prices : Green fee: 20€ (-18 y.o.: 5€) for a 2-time 9-hole course, 30€
"Côte des Légendes" Honey Farm Prat-Bian PLOUESCAT Location on the map : A4 +33 2 98 69 88 93	Shop : Monday to Friday from 9am to 12pm and from 2pm to 6pm. Saturdays open from April to September and during school holidays: from 10am to 12pm and from 2pm to 6pm. On Friday visit and discovery of the hive every Friday from 2 to 6 pm	
Fishing on Sand Coast	On-foot fishing : Tides guide and a regulation ruler are available at the Tourist Offices of the territory. I fish on the shore by foot : An essential book for beginners is for sale at Plouescat's Tourist Office !	Price: On-foot fishing guide: 9,90€
Nautical club Plage des Amiets CLÉDER Location on the map : B2 +33 2 98 69 42 98	Closed	Prices on clubnautiquecléder.jimdofree.com Reservation by email: cn.cleder@gmail.com or by phone: +33 6 66 46 30 49
Léon Surf School 170 Beg Tanguy (Moguériec) SIBIRIL +33 6 66 46 30 49	Lessons and training courses, stand-paddle rides, fitness paddle,...	Lessons and training courses schedule, tariffs and reservations at www.ecole-surf-leon.com or by phone at +33 6 66 46 30 49

<p>Tennis Palud Bihan PLOUESCAT Location on the map : C2 +33 6 88 58 41 74</p>	<p>4 outdoor courts Courts and training lessons on-demand. Tournaments every Tuesday afternoon (subscription until Tuesday noon) Price: 5 € Monitored by a professional tennis coach.</p>	<p>Free access all-year-round</p>
<p>Location de vélo Véloc'Ouest +33 6 23 36 24 98 +33 2 90 73 31 62 contact@velocouest.fr</p>	<p>Electric bike rental, adult or child bike, tandem, mountain bike, VTC, trailers and child seats, helmets etc, delivered to your home all year round. Possibility to rent your bike 24 hours before the start date.</p>	<p>Book your bike online, by filling in the rental dates, as well as the place of delivery on: www.velocouest.fr/livraisondevelos/ Security of transactions ensured.</p>