









MARCH : SAINT-POL-DE-LÉON



Markets	Daily markets :	
	Tuesday morning : Saint-Pol-de-Léon Tuesday from 5:30pm to 7:30pm : Tréfleuz (from 5pm to 7pm in the winter) Wednesday morning : Roscoff, Landivisiau, Sizun Friday morning : Cléder Saturday morning : Plouescat	
Pol-Aurélien Cathedral SAINT-POL-DE-LÉON Location on the map : D4	The cathedral was built on the ruins of a roman cathedral from the 12th century and reflects the Gothic style. It possesses a remarkable nave from the 13th century made of limestone from Caen, an ensemble almost unique in Brittany, a choir made of granite dating to the 15th century and a 17-century organ built by the englishmen Robert Dallam and his son, Thomas. Open everyday 9:30am - 5pm.	Free entrance.
Notre-Dame-du-Kreisker Chapel SAINT-POL-DE-LÉON Location on the map : D4	The 14th-15th-century chapel has the tallest spire (80m-high) of Brittany and was built by an english architect ! Until 10 March open every day from 9.30am to 5.30pm. Closed from 11 March.	Free visit to the chapel.
Maison Prébendale  4 place de l'Été 44 SAINT-POL-DE-LÉON Location on the map : D4 +33 2 98 15 85 55	From 16 March to 21 April, Wednesdays, Fridays, Saturdays and Sundays from 2.30pm to 6pm: exhibition of paintings by Jean-Philippe REVART. The artist plunges us into strange, fabulous worlds where human beings are fantasised. Here, the graphic treatment highlights the multiple psychological and emotional facets of Man. The artist invites us to observe the abundance of existence in order to discover the coherence that emerges.	Free
Location de vélos Maison Imbert Cycle 624 rue de Morlaix SAINT-POL-DE-LÉON Location on the map : E6 +33 6 76 35 52 23 maisonimbert.contact@gmail.com	Rental service with classic and electric bikes. Repair and maintenance workshop and sale of accessories for your cycling activity (clothing, luggage, etc.). And also... Pimp your bike ! Bring a touch of color and personalization and turn it into an entirely different bike ! Open from Tuesday to Saturday : 10am-12am and 2pm-7pm.	Rates and informations on : www.maisonimbertcycle.com
Public Pool  33 rue des Carmes SAINT-POL-DE-LÉON Location on the map : C5 +33 2 98 29 12 77	Recreational pool, water games, rapid river, massaging spurts, slides. Spa: steam room, sauna, whirlpool bath... Technical closure from 9 to 22 March. School holidays (until March 8): Monday, Wednesday & Friday: 10am - 12.30pm & 2.30 - 7pm Tuesday and Thursday: 10am - 1.30pm & 2.30 - 7pm Saturday: 2 - 7pm Sunday: 9am - 12.30pm & 2.30pm - 6pm School period (until March 23): Monday: 5 - 7.30pm Tuesday: 12 - 1.30pm & 5 - 7.30pm Wednesday: 12 - 1.30pm & 2.30 - 7pm Thursday: 12 - 1.30pm & 5 - 7pm Friday: 5 - 7pm & 8.30 - 10.30pm Saturday: 2.30 - 7pm Sunday: 9 - 12.30pm & 2.30 - 6pm	Adult: 4,50 €. Children 3 to 18 years old: 4.00 €. Children under 3 years old: Free.
Public Library  Kérouras SAINT-POL-DE-LÉON Location on the map : D4 +33 2 98 69 14 74	Wide selection of novels, comic books and manga, documentaries, magazines, music and DVDs, seed swap. Opening Hours : Tuesday : 10am-5pm Wednesday and Saturday : 10am-12pm and 1.30pm-5pm Friday: 3pm-7pm Until 23 March: Frida Kahlo, her life, her work" exhibition, with installation of an ephemeral cabinet of curiosities. As part of the two months of FRIDA K, come and work together on a collaborative jigsaw puzzle to be created, continued or finished on the theme of a painting by Frida Kahlo.	Free entrance. Subscription required for borrowing library resources. More informations on www.mediatheques.hlc.bzh .
Watersport Centre  Port de Pempoul Pointe de la Groue SAINT-POL-DE-LÉON Location on the map : I5 +33 2 30 26 00 65 +33 6 70 70 58 52 cgspl@revesdemer.com	Find all the activities on www.revesdemer.com . From February 12 to March 10 : kayak and paddle trips, water walks and sailing lessons.	Information and bookings at the Watersports Centre.

<p>Movie theater Le Majestic</p>  <p>Place Michel Colombe SAINT-POL-DE-LÉON Location on the map : D5 +33 2 98 19 12 65</p>	<p>Timetable available at the Tourist Information Centre and on the website www.cinema-majestic-29250.com.</p> <p>School period : Monday, wednesday and friday : 8.45pm. Thursday : 2.15pm & 8.45pm. Saturday : 5.45pm & 8.45pm. Sunday : 2.45pm, 5.45pm & 8.45pm.</p>	<p>Adult : 7€ Discounted rate (under 18 years old, students and job seekers): 6€ Under 14 years old : 4,50€ Subscribers : 5,50€</p>
<p>The Breiz'ters SAINT-POL-DE-LÉON +33 2 98 69 05 69</p>	<p>In french or spanish only. Guided tour following the concept of Greeters. Our Breizh'ters provide a free and warm welcome to individuals or groups of up to 5 people. They can add huge value to your visit by sharing their local knowledge of Saint-Pol-de-Leon highlights, hidden gems and heritage.</p> <p>Booking required at the Tourist Information Centre.</p>	<p>Free</p>
<p>Walking and cycling trails SAINT-POL-DE-LÉON</p>	<p>Heritage trail: discover the historic centre and the coastline of Saint-Pol-de-Léon thanks to the 28 interpretation panels along the trail. A treasure hunt for children is available free of charge at the Tourist Office.</p> <p>Sainte-Anne islet: visit the Sainte-Anne islet, a natural site linked to the coast by the Penarth promenade.</p> <p>Jardin du Champ de la Rive: children's playground, picnic area and magnificent view of the islet Sainte-Anne and the Bay of Morlaix.</p> <p>Saint-Pol - Roscoff: a pleasant 8km walk along the GR34 coastal path, or a 5.6km cycle ride along the greenway.</p>	<p>Heritage trail map available at the Tourism Information Centre.</p> <p>Free maps available at the Tourism Information Centre.</p> <p>Hiking guide « 15 hikes and rides » (in french only) : 1 €.</p> <p>Hiking itineraries in Haut-Léon : 5€ 11 itineraries, 0.50€ per itinerary (in french only).</p>
<p>La Maison du Filet Brodé</p>  <p>1 rue des Sabotiers PLOUÉNAN +33 6 70 38 97 28</p>	<p>A collection of 50 collected or reconstructed headresses from different areas of Brittany has been put together by the non-profit organisation « Ijin Ha Spered ar Vro » and exhibited along with regional costumes from the first half of the 20th century. Visit the workshop.</p> <p>Visit in english and german available.</p> <p>Open everyday Thursday from 2pm to 4.30pm.</p> <p>Workshop : every Monday, 8 - 10pm & Thursday, 2 - 4.30pm.</p>	<p>Entrance fee : 2 €/person. Free under 12 years old.</p> <p>Demonstration of netting - Initiation for beginners (booking required) : 20€ (3 hours).</p> <p>Lessons : membership 30€.</p> <p>Group tours (booking required).</p>
<p>Public Library Rue du 19 mars 1962 PLOUÉNAN +33 2 98 69 51 47</p>	<p>Wide selection of novels, comic books and manga, documentaries, magazines, music and DVDs.</p> <p>Opening hours : Tuesday and Friday: 10am - 12am and 4pm - 6.30pm Wednesday: 10am - 12am and 2pm - 6.30pm Saturday : 10am - 3pm</p> <p>Until 27 March: "Grâce à elles" exhibition by artist Sophie Degano. Highlighting women's involvement in history through 60 engraved portraits of women from the twelfth to the twentieth centuries.</p>	<p>Book loans by subscription.</p> <p>For more information, visit www.mediatheques.hlc.bzh.</p>
<p>Public Library 55 rue de la Mairie MESPAUL +33 2 98 61 59 79 biblio.mespaul@orange.fr</p>	<p>Monday: 6 - 7.30pm Wednesday: 10 -12pm and 1.30 - 6.30pm Saturday: 9.30am-12pm</p>	<p>Book loans by subscription.</p> <p>For more information, visit www.mediatheques.hlc.bzh.</p>
<p>Véloc' Ouest bike rental service +33 6 23 36 24 98 +33 2 90 73 31 62 contact@velocouest.fr</p>	<p>Electric bike hire, adult or child bikes, tandems, mountain bikes, mountain bikes, trailers and child seats, helmets, etc.</p> <p>Delivered to your door all year round.</p> <p>You can hire your bike 24 hours before the start date.</p>	<p>Book your bike online, by filling in the rental dates, as well as the place of delivery on: www.velocouest.fr/livraisondevelos/</p> <p>Security of transactions ensured.</p>