










JULY : SAINT-POL-DE-LÉON		
		
Markets	Seasonal markets: Tuesday: Cléder (Camping de Poulennou) 5pm-8pm from 08/07 to 26/08. Wednesday: Plouénan, place François-Prigent 5pm-9pm (until 10/09). Thursday: Sibiril (Port de Moguëriec) from 4pm to 9pm from 10/07 to 28/08. Commana from 5pm: from 10/07 to 21/08. Friday: Santec from 5pm (until 30/08). Sunday: Cléder (Kerfissien) from 8am to 1pm from 06/07 to 31/08; Saint-Pol-de-Léon (Parvis de la Cathédrale) from 9am to 1pm from 06/07 to 31/08.	All year round: Tuesday mornings: Saint-Pol-de-Léon Tuesday from 5pm to 7pm: Tréfléz Wednesday mornings: Roscoff, Landivisiau, Sizun Friday mornings: Cléder Saturday mornings: Plouescat.
Pol-Aurélien Cathedral SAINT-POL-DE-LÉON Location on the map : D4	Cathedral built between the 13th and 16th century. Admire the great organ built by the britishmen Robert et Thomas Dallam in 1660 ! Open everyday from 9:30 am to 6:30 pm. From July 1 to July 30 (except July 27 and 28) from 10:30 a.m. to 1 p.m. and 3 p.m. to 6:30 p.m. except all day Saturday, Sunday morning and Tuesday morning : free guided tours. July 7 and 21 at 8:30pm: Les Noctambulations, a nocturnal tour of the cathedral. No booking required. Free. In French. From July 15, every Tuesday at 11am: Organ concert.	Cathedral tour and Noctambulations: free. Organ Tuesdays: free admission.
Notre-Dame-du-Kreisker Chapel SAINT-POL-DE-LÉON Location on the map : D4	The 14th-15th-century chapel has the tallest spire of Brittany (80m-high) ! Open daily from 10.30am to 12pm and from 2pm to 6pm. Climb up to the bell tower : Monday to Saturday, 10.30am to 12pm and 2pm to 6pm.	Free access to the chapel. Access to the bell tower : 2€ (free under 12). Children under 7 are not allowed to climb.
 4 place de l'Été 44 SAINT-POL-DE-LÉON Location on the map : D4 +33 2 98 15 85 55	From 5 July to 7 September, open every day except Thursday, from 2.30pm to 6pm. Exhibition by Man & Pia and Michelle Uguen : The meeting of the works of these three artists at La Préb' seems an obvious choice. There are natural echoes between the large-format paintings and photographs of Man & Pia and the ceramics of Michelle Uguen. Saturday 26 at 5pm: art café, meet the artists.	Free
The House of the Artichoke Place de l'Évêché SAINT-POL-DE-LÉON Location on the map : D3	Every Tuesday from 8 July to 19 August from 9am to 1pm. The Confrérie de l'Artichaut (Artichoke Brotherhood) offers a range of events based around artichoke growing, including cookery demonstrations, vegetable tastings and sales, a history of artichoke growing, cooking demonstrations using the Articook, and musical entertainment (programme available from the Tourist Information Centre).	Free entrance.
 Place de l'Évêché SAINT-POL-DE-LÉON Location on the map : D3 +33 2 56 19 11 09 +33 6 16 01 75 25	The clogmaker, artisanal craftsman, combines tradition and modernity to create comfy leather and wooden clogs. The Finistère's unique clogmaker is in Saint-Pol-de-Léon and is recognised as intangible Cultural Heritage! Guided tour of the workshop (in french only) every Tuesday at 3pm and 4.30pm. Shop open all-year-round : Tuesday to Saturday 10am - 4pm.	Free access to the shop. Guided tours : 5€. Booking required at the Tourist Information Centre. Free under 12.
Légumes project Ferme de Kerguelen SAINT-POL-DE-LÉON Location on the map : B9 +33 6 23 73 67 05	Visit a certified organic farm and discover the interpretation centre. Great educational and entertaining family activities, for children and adults alike ! In French Only. Experiential visits to the Kerguelen farm on Mondays, Tuesdays and Fridays at 10.30am: discover the fields and the Légumes Project fun and sensory museum area. Family visits from Monday to Friday at 2.30pm: a fun, cultural and interactive guided tour of agriculture and vegetables with a sensory area, followed by a tasting session. Saturday 26 July from 11am to 3pm: 'Sand and furrows' day, discover seaweed and vegetables, culinary workshop.	Artichoke" tour: 13€/adult 9€/children up to 13 years old Family visit: 10€/adult 6€/children Sable et sillon" day: 38€/person meal included Online ticketing at www.legumes-project.com or book by phone and pay on site.
 33 rue des Carmes SAINT-POL-DE-LÉON Location on the map : C5 +33 2 98 29 12 77	Recreational pool, water games, rapid river, massaging spurts, slides. Spa: steam room, sauna, whirlpool bath... Pool closed for maintenance until 6 July. From 7 July to 31 August: Monday, Wednesday and Friday: 10am-12.30pm and 2.30pm-7pm Tuesday and Thursday: 10am-1.30pm and 2.30pm-7pm Saturday: 2.30pm-6pm Sunday: 9am-12.30pm and 2.30pm-6pm Public holidays: 9am-12.30pm Thursday 24 from 2.30pm to 4.30pm: Introductory scuba diving. Every Wednesday from 9 July to 27 August from 2.30pm to 4.30pm: inflatable structure. All summer long: swimming lessons every morning from Monday to Friday.	Adult: 4,50 €. Children 3 to 16 years old: 4.00 €. Children under 3 years old: Free. Family pass (2 adults/3 children or 1 adult/4 children) : 16€. Swimming class : 55€ the week.
Maison Imbert bike rental service 624 rue de Morlaix SAINT-POL-DE-LÉON Location on the map : E6 +33 6 76 35 52 23	Rental service with classic and electric bikes. Repair and maintenance workshop and sale of accessories for your cycling activity (clothing, luggage, etc.). And also... Pimp your bike ! Bring a touch of color and personalization and turn it into an entirely different bike ! Open from Tuesday to Saturday : 10am-12am and 2pm-7pm.	Rates and informations on : www.maisonimbertcycle.com

<p>Public Library</p>  <p>Kéroulas SAINT-POL-DE-LÉON Location on the map : D4 +33 2 98 69 14 74</p>	<p>Wide selection of novels, comic books and manga, documentaries, magazines, music and DVDs, seed swap.</p> <p>Opening Hours : Tuesday: 10am - 5pm Wednesday and Saturday: 10am - 12pm and 1.30pm - 5pm Friday: 3pm-7pm</p> <p>This summer, the media library is moving to the Espace Familles on specific Thursdays (all the events available at the Tourist Information Centre)!</p>	<p>Free entrance. Subscription required for borrowing library resources. More informations on www.mediatheques.hlc.bzh.</p>
<p>Watersport Centre</p>  <p>Pointe de la Groue SAINT-POL-DE-LÉON Location on the map : I5 +33 2 30 26 00 65 cn.stpol@revesdemer.com</p>	<p>Find all the activities on www.revesdemer.com.</p> <p>Mousaillon courses from age 4 and sailing courses from age 7, wing foil, private lessons, accompanied kayak or paddle trips, water walks and equipment hire (single or giant paddle, windsurf, funboard, single or two-seater kayak, funboat, 14 or 16 catamaran).</p>	<p>Information and bookings at the Watersports Centre.</p>
<p>Movie theater Le Majestic</p>  <p>Place Michel Colombe SAINT-POL-DE-LÉON Location on the map : D5 +33 2 98 19 12 65</p>	<p>Timetable available at the Tourist Information Centre and on the website www.cinema-majestic-29250.com. Movie every day.</p>	<p>Adult : 7€ Discounted rate (under 18 years old, students and job seekers): 6€ Under 14 years old : 4,50€ Subscribers : 5,50€</p>
<p>The Breiz'ters SAINT-POL-DE-LÉON +33 2 98 69 05 69</p>	<p>In french or spanish only. Guided tour following the concept of Greeters. Our Breizh'ters provide a free and warm welcome to individuals or groups of up to 5 people. They can add huge value to your visit by sharing their local knowledge of Saint-Pol-de-Leon highlights, hidden gems and heritage. Booking required at the Tourist Information Centre.</p>	<p>Free</p>
<p>Walking and cycling trails SAINT-POL-DE-LÉON</p>	<p>Heritage trail: discover the historic centre and the coastline of Saint-Pol-de-Léon thanks to the 28 interpretation panels along the trail. A treasure hunt for children is available free of charge at the Tourist Office. Sainte-Anne islet: visit the Sainte-Anne islet, a natural site linked to the coast by the Penarth promenade. Jardin du Champ de la Rive: children's playground, picnic area and magnificent view of the islet Sainte-Anne and the Bay of Morlaix. Saint-Pol - Roscoff: a pleasant 8km walk along the GR34 coastal path, or a 5.6km cycle ride along the greenway.</p>	<p>Heritage trail map available at the Tourism Information Centre. Free maps available at the Tourism Information Centre. Hiking guide « 15 hikes and rides » (in french only) : 1 €. Hiking itineraries in Haut-Léon : 5€ 11 itineraries, 0.50€ per itinerary (in french only).</p>
<p>La Maison du Filet Brodé</p>  <p>1 rue des Sabotiers PLOUÉNAN +33 2 67 55 48 71</p>	<p>A collection of 50 collected or reconstructed headdresses from different areas of Brittany has been put together by the non-profit organisation « Ijin Ha Spered ar Vro » and exhibited along with regional costumes from the first half of the 20th century. Visit the workshop. Visit in english and german available. From 1 July to 11 September: open Tuesdays, Wednesdays and Thursdays from 2pm to 6pm with the 'Bébés en dentelles' exhibition: presentation of embroidered baby clothes, collectible dolls and various childcare items. Thursday 03 from 2pm to 6pm: explanations and demonstrations of the Chikolodenn headdress. From 09, every Wednesday at 4pm: special 'Market Day' tour. Thursdays 10 and Tuesday 29 from 2pm to 6pm: exhibition of old books. 15 and 31 from 2pm to 6pm: introduction to the embroidered net technique, by prior arrangement. Thursdays 17 and 24 at 2pm and 3.30pm: children's tours (3-12 years).</p>	<p>Entrance fee : 2 €/person. Free under 12 years old. Demonstration of netting - Initiation for beginners (booking required) : 20€ (3 hours). Lessons : membership 30€. Group tours (booking required).</p>
<p>Public Library Rue du 19 mars 1962 PLOUÉNAN +33 2 98 69 51 47</p>	<p>Wide selection of novels, comic books and manga, documentaries, magazines, music and DVDs.</p> <p>Opening hours : Tuesday and Friday: 10am - 12am and 4pm - 6.30pm Wednesday: 10am - 12am and 2pm - 6.30pm Saturday : 10am - 3pm</p>	<p>Book loans by subscription. For more information, visit www.mediatheques.hlc.bzh.</p>
<p>Public Library 55 rue de la Mairie MESPAUL +33 2 98 61 59 79 biblio.mespaul@orange.fr</p>	<p>Monday: 4.30pm-7.30pm Wednesday: 9am-12pm Friday: 4pm-6.30pm Saturday: 9.30am-12pm</p>	<p>Book loans by subscription. For more information, visit www.mediatheques.hlc.bzh.</p>
<p>Véloc' Ouest bike rental service +33 6 23 36 24 98 +33 2 90 73 31 62 contact@velocouest.fr</p>	<p>Electric bike hire, adult or child bikes, tandems, mountain bikes, mountain bikes, trailers and child seats, helmets, etc. Delivered to your door all year round. You can hire your bike 24 hours before the start date.</p>	<p>Book your bike online, by filling in the rental dates, as well as the place of delivery on: www.velocouest.fr/livraisondevelos/ Security of transactions ensured.</p>