

AUGUST : SAND COAST		
<b>Markets</b>	<b>Seasonal markets:</b> Tuesday: Cléder (Camping de Poulennou) 5pm-8pm from 08/07 to 26/08. Wednesday: Plouénan, place François-Prigent 5pm-9pm (until 10/09). Thursday: Sibiril (Port de Moguériec) from 4pm to 9pm from 10/07 to 28/08. Commana from 5pm: from 10/07 to 21/08. Friday: Santec from 5pm (until 30/08). Sundays: Cléder (Kerfissien) from 8am to 1pm from 06/07 to 31/08; Saint-Pol-de-Léon (Parvis de la Cathédrale) from 9am to 1pm from 06/07 to 31/08.	<b>All year round:</b> <b>Tuesday mornings:</b> Saint-Pol-de-Léon <b>Tuesday</b> from 5pm to 7pm: Tréfléz <b>Wednesday mornings:</b> Roscoff, Landivisiau, Sizun <b>Friday mornings:</b> Cléder <b>Saturday mornings:</b> Plouescat.
<b>Aquatic and beach activities.</b> Plage de Porsmeur PLOUESCAT Location on the map : D2 +33 2 98 69 63 25	<b>From 10 July to 21 August 2025.</b> Aquagym from Monday to Friday from 11.15am to 12pm - Porsmeur beach (meeting point at the hut under the lifeguard station). Registration at the nautical centre. Beach activities from Monday to Friday from 2pm to 5.30pm - Porsmeur beach (under the lifeguard post). Free, open to all. Multi-sports games area (archery, home ball, boccia, etc.). Summer challenges: Every Thursday afternoon from 2.30pm to 5pm from 10 July to 21 August. Sports and cultural challenges for families. Free admission.	<b>Prices and reservations for swimming and aquagym activities</b> at the Nautical centre website: <a href="http://www.plouescat-nautisme.fr">www.plouescat-nautisme.fr</a>
<b>Aquatic and beach activities.</b> Plage des Amiets CLÉDER Location on the map : B2 +33 2 98 69 32 95	Hut open Monday to Friday from 10am to 12pm and from 2pm to 6.30pm: loan of clubs and balls for mini-golf, archery, orienteering, loan of tennis rackets, giant board games...all free of charge. All summer long on the beach, opposite the yacht club, free-access football and volleyball pitch. Every thursday : beach soccer. Fridays: sandball organisation.	Free access.
<b>Sand yachting and Nautical Centers</b> <b>Plouescat</b> Port de Porsguen (Centre Nautique) & Baie de Kernic (Char à voile) PLOUESCAT Location on the map : C2 +33 2 98 69 63 25	Sand yachting and Polynesian pyrogue activities. <b>Booking essential.</b> Information and bookings at the Côte des Sables Tourist Office in Plouescat.	<b>Prices and reservations:</b> <a href="http://www.plouescat-nautisme.fr">www.plouescat-nautisme.fr</a> or +33 2 98 69 62 18
<b>"Partouche" Casino</b> 100, rue de Brest PLOUESCAT Location on the map : D3 +33 2 98 69 63 41	<b>From 10 am to 3 am:</b> on Monday, Tuesday, Wednesday, Thursday and Sunday. <b>From 10 am to 4 am:</b> on Friday and Saturday	(Identity card compulsory). Prohibited to minors.
<b>Kergounadéac'h 's Castle</b> CLÉDER Location on the map : B7	Majestic and imposing ruins of a 17th-century castle inspired by the Val-de-Loire castles. Visible from the road only (it is forbidden to enter the private property). <b>Guided tour</b> of the exterior of the château by Michel Quéré on 12 August 2025, departing 2pm from the town hall car park in Cléder.	Free
<b>Kermenguy's Castle</b> CLÉDER Location on the map : B7	This lovely Renaissance-style manor, renovated during the 19th century, replaced the ancient Kermenguy medieval castle. 19th-century tables, kennel and barns. All information on possible events at <a href="http://www.chateau-des-legendes.com">www.chateau-des-legendes.com</a> . <b>From 9 July:</b> New and unique in Brittany! A giant game of goose in the château grounds! Bring your family and friends together for a life-size game in the great outdoors! Set up on the castle esplanade, each participant will set off with his or her 'Goose' counter. Participants will receive a game booklet. <b>Guided tour</b> of the exterior of the château by Michel Quéré on 5 August. Meeting point at 2pm in the Cléder Town Hall car park. Free	Plus d'informations sur <b><a href="http://www.chateau-de-kermenguy.com">www.chateau-de-kermenguy.com</a></b>
<b>Kérouzéré's Castle</b> SIBIRIL Location on the map : F3-4 +33 6 73 71 85 92 <a href="mailto:chateau.kerouzere@gmail.com">chateau.kerouzere@gmail.com</a>	15th-century fortified castle. Partially restored at the end of the 16th century after it was besieged by the Catholic League. Private property. You are welcome to explore the grounds and the exterior of the house. <b>Self-guided tours:</b> daily from 10.30 am to 6.30 pm <b>Guided tours:</b> daily at 2.30pm and 4pm <b>International exhibition</b> Leonardo da Vinci, the Inventions of a Genius from 28 June. <b>Corn maze</b> from mid-July.	<b>Self-guided tour of the château:</b> From €8 <b>Guided tour of the château:</b> From €10
<b>"Le Dauphin" Cinema</b> 10, rue Maréchal Foch PLOUESCAT Location on the map : D4 +33 2 98 69 66 82	Every first Tuesday of the month, at 8:15pm, Le Dauphin cinema presents a surprise preview. 1 Cinema room. "Art et Essai" programmed-style cinema. Monthly schedule on: <a href="http://www.cinemaledauphin.fr">www.cinemaledauphin.fr</a>	<b>Full price:</b> 6 € <b>- 12 y.o.:</b> 4 € Everyday session in summer

<b>Cycling and walkings paths</b>	<b>Cycling and walking paths - Topoguides :</b> - 15 walking paths on the GR 34, the GR380 and the "veloroute" cycling path - Walking in Haut-Léon territory, 10-technical sheets topo-guide <b>Bicycle tour</b> available on-demand at Plouescat Tourist Office.	Topoguide on sale for 1€ and 5€.
<b>Distillerie Dourtan</b> 4 rue Charles Le Goffic PLOUESCAT Location on the map : B3 +33 7 49 55 54 +33 6	Guided tour of the distillery every Wednesday at 3pm. To book, contact the tourist office (02 98 69 62 18). Length of visit: 1 hour. Tasting at the end of the tour. Mixology workshop every Thursday at 6pm. Registration required at the Tourist Office (02 98 69 62 18). 3 cocktails prepared, including 1 non-alcoholic 6.00 PM - 7.30 PM 25€ per person	Gratuit
<b>Brittany kite surf school</b> Plages de Keremma PLOUESCAT +33 7 83 33 87 +33 7 contact@ecolekitesurfbretagne.com	Discover Kitesurfing and Wingfoil on the immense beaches of Keremma. Training according to individual progress and level. Different training courses from 12 years old / 40kg: Discovery to improvement sessions, 3-day introductory course, sailing and supervised rental. Open 7 days a week.	Booking in advance recommended.
<b>Boat cruises from Mogueriec to "l'île de Batz"</b> Mogueriec Harbour SIBIRIL	<b>Direct crossings 2025 :</b> 4, 8, 18 and 22 August <b>Guided crossings 2025 :</b> 5, 11, 14, 19, 24 and 26 August	Adult (+12 y.o.): 18 € / Child (4-11 y.o.): 14 € / Baby (- 4 y.o.): 6 € Reservation at <b>the Plouescat Tourist Office.</b>
<b>Sand Coast Golf course</b> 3 Coatalec PLOUESCAT Location on the map : C5 +33 6 16 74 52 46	Golf de la Côte des Sables - <b>18-hole Pitch and Putt competition:</b> 5, 17, 22 and 30 August.	<b>Prices :</b> Green fee: 20€ from october to april 30€ from the 1st of may to the end of september -18 y.o.: free
<b>"Grains d'Or" Horse Stables</b> Gorre-bloué PLOUESCAT Location on the map : D5 +33 6 03 76 96 80	<b>From 7 July to 22 August 2025</b> - Horse riding from Monday to Friday - Pony courses for 5/7 year olds every Wednesday afternoon, from 2pm to 4.30pm - Horse-riding courses (teenagers/adults) every Thursday afternoon, from 2pm to 5.30pm	<b>Prices :</b> 1 hour ride : 25€. 1 hour 30: 30 € Stroll in hand: 10h the 1/2h - 20€/hour
<b>"O Cycles des Halles" bike rental service</b> 14, place du Général de Gaulle Derrière les Halles PLOUESCAT +33 6.62.48.88.38 yves.jezequel3@wanadoo.fr	Rental of bikes and electric bikes for adults and kids, tandem,trailer, helmets, etc.	Information and booking at the Côte des Sables tourist office.
<b>Leisure of the Bay - Mini-golf</b> 109 Kervoa PLOUESCAT Location on the map : D2-3 +33 6 83 12 24 55	Clay miniature golf course situated in a shady park facing the magnificent Baie du Kernic, pedal boats on a river circuit. Possibility of picnic on site. From the centre of Plouescat, direction Porsguen. Open from 10 to 12 am on reservation or from 4 to 7 without reservation <b>From 30 June to 7 September:</b> open from 10am to 12pm with prior booking and from 4pm to 7pm without prior booking.	From 5€ per person for 1h30.
<b>La "Maison des Dunes" museum</b> Kéremma TRÉFLEZ +33 2 98 61 69 69	Explanations only in French. <b>Museum - discovery space :</b> From Monday to Friday from 10 am to 6 pm non-stop. On Sunday from 2 to 6 pm / Closed on Saturday <b>Activities about nature :</b> Get full info of the activities on website and activities program	<b>Museographic area:</b> Free <b>Book nature outings at Plouescat tourist office:</b> 02.98.69.62.18 1h outing: €4 2h outing: €6.5 Free for children under 12.
<b>Créac'h Ingar Manor</b> TRÉFLAOUÉNAN	Free access to outside grounds only.	Free
<b>Kerlan Manor</b> Kerlan SIBIRIL Location on the map : E3	Kerlan is a Manor House with mullioned windows and a square tower, at the foot of which the front door opens. Over, have a look at the lintel of the door's accolade and the large arch. Into the turret, the spiral stairway in stone leads huge rooms with large fireplaces. Private property. Manor House only from the road visible. Visits of the outside possible everyday. Free guided visit (inside of the Manor House) possible on request 8 days before	Free
<b>Tronjoly Manor</b> CLÉDER Location on the map : C3	Beautiful set of inhabited buildings from the 16th-19th centuries with a central courtyard. You are welcome to admire the front exterior of the house from the balcony and the chapel. Unguided exterior visit: park and chapel only (private property). <b>Guided tour</b> of the exterior by Michel Quéré on <b>1 August 2025</b> . Meeting point at 2pm at the Mairie car park in Cléder.	Free
<b>Médiathèque l'Atelier</b> Pôle culturel 16, place du Dauphin PLOUESCAT Location on the map : D4 +33 2 98 69 88 81	Mediatheque, animations in and out of the building - Image and sound room (DVDs, PS4 games, CD records). Seeds register. Wifi access in the hall and computer room dedicated to online consultation searches. 10 computers for use availables. Monday from 3pm to 5.30pm. Tuesday, Wednesday, Thursday and Friday : 10am - 12pm and 3pm - 5.30pm. Saturday from 10am to 12pm. <b>Closed on 15 august.</b>	Entrance for free and for all, visitors included  Yearly subscription : - Less than 18 y.o., students, unemployed,...: Free - Adult: 15€ - Family (from 2 children): 25 € - Summer tourists: 10 €

<b>"Côte des Légendes" Honey Farm</b> Prat-Bian PLOUESCAT Location on the map : A4 +33 2 98 69 88 93	<b>Shop :</b> Monday to Saturday from 9am to 12pm and from 2pm to 6pm. On Friday free <b>visit</b> and discovery of the hive from 2 to 5.30 pm.	
<b>Fishing on Sand Coast</b>	<b>On-foot fishing :</b> Tides guide and a regulation ruler are available at the Tourist Offices of the territory. <b>I fish on the shore by foot :</b> An essential book for beginners is for sale at Plouescat's Tourist Office !	<b>Price:</b> On-foot fishing guide: 9.90€
<b>Pump track Cléder</b> Place Ashburton CLÉDER	1300 m square area dedicated to the practise of skating,with 900 m square area of tracks and bumps ! Open all year.	
<b>Street workout facility</b> Parc des sports Neben der Sporthalle des Zentrums PLOUESCAT Location on the map : D4	Outdoor stuctures for all ages : slides and swing seats for the youngest, skate park, city stade, and outside training structure for musculation, cardio, crossfit, etc.. Individualised coaching app possible (donwload it for free). Open all-year long !	Free
<b>Val Jegu lake</b> CLÉDER Location on the map : D4	Situating in the town centre, a quiet place around an artificial lake with swans and ducks, to relax and stroll... Picnic and petanque areas.	Free
<b>Les Palujous-Natural area</b> CLÉDER Location on the map : A-B2	This natural area shelters a rich fauna and flora such as migratory birds and numerous species of orchids. Walking and exploring area (washing place, bridge) around Lavillo stream.	Free.
<b>Nautical club Cléder</b> Plage des Amiets CLÉDER Location on the map : B2 +33 2 98 69 42 98 +33 6 68 61 40 84 cn.cleder@gmail.com	Windsurfing, catamaran and funboard courses. Private lessons on request. Hourly or half-day hire Catamaran - Windsurf - Funboard - Kayak - Stand up Paddle - Bodyboard - Wingfoil	Prices on <b>clubnautiquecléder.jimdofree.com</b> Reservation by email: <b>cn.cleder@gmail.com</b> or by phone: <b>+33 6 66 46 30 49</b>
<b>Léon Surf School</b> 170 Beg Tanguy (Moguériec) SIBIRIL +33 6 66 46 30 49	Surfing lessons and courses, paddle rides, paddle fitness... Sessions available from Monday to Friday. Spot : 'la mauvaise grève', Tevenn beach in Sibiril.	Lessons and training courses schedule, tariffs and reservations at <a href="http://www.ecole-surf-leon.com">www.ecole-surf-leon.com</a> or by phone at +33 6 66 46 30 49
<b>Tennis</b> Parc de loisirs des Amiets Rue de Théven Kerbrat CLÉDER Location on the map : B2 +33 2 98 69 63 88	4 outdoor courts to be used all-year long Collective or private training sessions possible for young people from 4 y.o. and adults <b>Tennis camps summer 2025</b> Courses in July and August open to children and adults of all levels. The sessions will be supervised by Olivier, a qualified teacher, and will run from Monday to Thursday, with times to be confirmed. Registration link: <a href="https://form.jotform.com/231293499611360">https://form.jotform.com/231293499611360</a> or 06 47 55 59 79 Price: €90 (for 4 sessions. ancv cheques accepted)	Free access all-year-round
<b>Tennis</b> Palud Bihan PLOUESCAT Location on the map : C2 +33 6 88 58 41 74	4 outdoor courts Courts and training lessons on-demand. Monitored by a professional tennis coach. Lessons and courses on request. Tournaments every Tuesday afternoon (register by Tuesday lunchtime on 06 88 58 41 74). Price: €5. Supervised by a state-certified instructor.	Free access all-year-round
<b>Tennis</b> Salle omnisports du centre 6 rue de Verdun PLOUESCAT Location on the map : D4 +33 7 81 04 78 18	4 outdoor courts Courts and training lessons on-demand. 4 outdoor courts The local table tennis club invites you to its Thursday evening matches from 7pm to 9.30pm. Equipment provided. Open to all.	Free access all-year-round

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